NEXALOG
DEVICES Single-Lead, Heart Rate Monitor Front End

Data Sheet **[AD8232](https://www.analog.com/AD8232?doc=AD8232.pdf)**

FEATURES

Fully integrated single-lead ECG front end Low supply current: 170 µA (typical) Common-mode rejection ratio: 80 dB (dc to 60 Hz) Two or three electrode configurations High signal gain (G = 100) with dc blocking capabilities 2-pole adjustable high-pass filter Accepts up to ±300 mV of half cell potential Fast restore feature improves filter settling Uncommitted op amp 3-pole adjustable low-pass filter with adjustable gain Leads off detection: ac or dc options Integrated right leg drive (RLD) amplifier Single-supply operation: 2.0 V to 3.5 V Integrated reference buffer generates virtual ground Rail-to-rail output Internal RFI filter 8 kV HBM ESD rating Shutdown pin 20-lead, 4 mm × 4 mm LFCSP and LFCSP_SS package Qualified for automotive applications

APPLICATIONS

Fitness and activity heart rate monitors Portable ECG Remote health monitors Gaming peripherals Biopotential signal acquisition

GENERAL DESCRIPTION

The [AD8232](http://www.analog.com/AD8232?doc=AD8232.pdf) is an integrated signal conditioning block for ECG and other biopotential measurement applications. It is designed to extract, amplify, and filter small biopotential signals in the presence of noisy conditions, such as those created by motion or remote electrode placement. This design allows for an ultralow power analog-to-digital converter (ADC) or an embedded microcontroller to acquire the output signal easily.

The [AD8232](http://www.analog.com/AD8232?doc=AD8232.pdf) can implement a two-pole high-pass filter for eliminating motion artifacts and the electrode half-cell potential. This filter is tightly coupled with the instrumentation architecture of the amplifier to allow both large gain and high-pass filtering in a single stage, thereby saving space and cost.

An uncommitted operational amplifier enables th[e AD8232](http://www.analog.com/AD8232?doc=AD8232.pdf) to create a three-pole low-pass filter to remove additional noise. The user can select the frequency cutoff of all filters to suit different types of applications.

Rev. D [Document Feedback](https://form.analog.com/Form_Pages/feedback/documentfeedback.aspx?doc=AD8232.pdf&product=AD8232&rev=D)

Information furnished by Analog Devices is believed to be accurate and reliable. However, no responsibility is assumed by Analog Devices for its use, nor for any infringements of patents or other rights of third parties that may result from its use. Specifications subject to change without notice. No license is granted by implication or otherwise under any patent or patent rights of Analog Devices. Trademarks and registered trademarks are the property of their respective owners.

FUNCTIONAL BLOCK DIAGRAM

To improve common-mode rejection of the line frequencies in the system and other undesired interferences, th[e AD8232](http://www.analog.com/AD8232?doc=AD8232.pdf) includes an amplifier for driven lead applications, such as right leg drive (RLD).

The [AD8232](http://www.analog.com/AD8232?doc=AD8232.pdf) includes a fast restore function that reduces the duration of otherwise long settling tails of the high-pass filters. After an abrupt signal change that rails the amplifier (such as a leads off condition), the [AD8232](http://www.analog.com/AD8232?doc=AD8232.pdf) automatically adjusts to a higher filter cutoff. This feature allows the [AD8232](http://www.analog.com/AD8232?doc=AD8232.pdf) to recover quickly, and therefore, to take valid measurements soon after connecting the electrodes to the subject.

The [AD8232](http://www.analog.com/AD8232?doc=AD8232.pdf) is available in a 4 mm \times 4 mm, 20-lead LFCSP and a LFCSP_SS package. Performance for the A grade models is specified from 0°C to 70°C and the models are operational from −40°C to +85°C. Performance for the W grade models is specified over the automotive temperature range of −40°C to +105°C.

One Technology Way, P.O. Box 9106, Norwood, MA 02062-9106, U.S.A. Tel: 781.329.4700 ©2012–2020 Analog Devices, Inc. All rights reserved. [Technical Support](http://www.analog.com/en/content/technical_support_page/fca.html) www.analog.com

TABLE OF CONTENTS

REVISION HISTORY

6/2018—Rev. B to Rev. C

3/2017—Rev. A to Rev. B

Data Sheet **AD8232**

8/2012—Revision 0: Initial Version

SPECIFICATIONS

 $V_S = 3$ V, $V_{REF} = 1.5$ V, $V_{CM} = 1.5$ V, $T_A = 25$ °C, operating temperature (T_{OPR}) = -40°C to +105°C for the W grade, FR = low, SDN = high, and $AC/DC = low$, unless otherwise noted.

Table 1.

Data Sheet **AD8232**

¹ Offset referred to the input of the instrumentation amplifier inputs. See th[e Input Referred](#page-21-2) Offsets section for additional information.

ABSOLUTE MAXIMUM RATINGS

Table 2.

¹ This level or the maximum specified supply voltage, whichever is the lesser, indicates the superior voltage limit for any terminal. If input voltages beyond the specified minimum or maximum voltages are expected, place resistors in series with the inputs to limit the current to less than 5 mA.

 2 θ_{JA} is specified for a device in free air on a 4-layer JEDEC board.

Stresses at or above those listed under Absolute Maximum Ratings may cause permanent damage to the product. This is a stress rating only; functional operation of the product at these or any other conditions above those indicated in the operational section of this specification is not implied. Operation beyond the maximum operating conditions for extended periods may affect product reliability.

ESD CAUTION

ESD (electrostatic discharge) sensitive device. Charged devices and circuit boards can discharge without detection. Although this product features patented or proprietary protection circuitry, damage may occur on devices subjected to high energy ESD. Therefore, proper ESD precautions should be taken to avoid performance degradation or loss of functionality.

PIN CONFIGURATION AND FUNCTION DESCRIPTIONS

Table 3. Pin Function Descriptions

TYPICAL PERFORMANCE CHARACTERISTICS

 $V_s = 3 V$, $V_{REF} = 1.5 V$, $V_{CM} = 1.5 V$, $T_A = 25°C$, unless otherwise noted.

Figure 4. Instrumentation Amplifier Gain Error Distribution

Figure 8. Instrumentation Amplifier CMRR vs. Frequency, RTI

Figure 9. Instrumentation Amplifier PSRR vs. Frequency

Figure 10. Instrumentation Amplifier Voltage Noise Spectral Density (RTI)

Figure 11. Instrumentation Amplifier 0.1 Hz to 10 Hz Noise

Figure 12. Instrumentation Amplifier 0.5 Hz to 40 Hz Noise

Figure 14. Instrumentation Amplifier Small Signal Pulse Response

Data Sheet **AD8232**

0.5V/DIV 100µs/DIV 0866-015 10866-015

Figure 15. Instrumentation Amplifier Large Signal Pulse Response

Figure 16. Instrumentation Amplifier Output Swing vs. Load

Figure 17. Instrumentation Amplifier DC Blocking Input Offset Drift

Figure 18. Instrumentation Amplifier Input Bias Current and Input Offset Current vs. Temperature

Figure 20. Instrumentation Amplifier CMRR vs. Temperature

OPERATIONAL AMPLIFIER PERFORMANCE CURVES

Figure 22. Operational Amplifier Open-Loop Gain and Phase vs. Frequency

Figure 23. Operational Amplifier Small Signal Response for Various Capacitive Loads

Figure 24. Operational Amplifier Large Signal Transient Response

Figure 25. Operational Amplifier Voltage Spectral Noise Density vs. Frequency

Figure 26. Operational Amplifier 0.1 Hz to 10 Hz Noise

Figure 27. Operational Amplifier 0.5 Hz to 40 Hz Noise

Figure 29. Operational Amplifier Output Voltage Swing vs. Output Current

Figure 30. Operational Amplifier Power Supply Rejection Ratio

Figure 31. Operational Amplifier Load Transient Response (100 μA Load Change)

Figure 32. Operational Amplifier Offset vs. Temperature

Figure 33. Operational Amplifier Bias Current vs. Temperature

RIGHT LEG DRIVE (RLD) AMPLIFIER PERFORMANCE CURVES

Figure 35. RLD Amplifier Output Voltage Swing vs. Output Current

Figure 36. RLD Amplifier Voltage Spectral Noise Density vs. Frequency

Figure 37. RLD Amplifier 0.1 Hz to 10 Hz Noise

Figure 38. RLD Amplifier 0.5 Hz to 40 Hz Noise

REFERENCE BUFFER PERFORMANCE CURVES

Figure 39. Reference Buffer Load Regulation

Figure 40. Reference Buffer Load Transient Response (100 μA Load Change)

Figure 41. Reference Buffer Output Impedance vs. Frequency

Figure 42. Reference Buffer Bias Current vs. Temperature

SYSTEM PERFORMANCE CURVES

Figure 43. Supply Current vs. Temperature

Figure 44. Shutdown Current vs. Temperature

Figure 45. Simplified Schematic Diagram

ARCHITECTURE OVERVIEW

The [AD8232](http://www.analog.com/AD8232?doc=AD8232.pdf) is an integrated front end for signal conditioning of cardiac biopotentials for heart rate monitoring. It consists of a specialized instrumentation amplifier (IA), an operational amplifier (A1), a right leg drive amplifier (A2), and a midsupply reference buffer (A3). In addition, th[e AD8232](http://www.analog.com/AD8232?doc=AD8232.pdf) includes leads off detection circuitry and an automatic fast restore circuit that brings back the signal shortly after leads are reconnected.

The [AD8232](http://www.analog.com/AD8232?doc=AD8232.pdf) contains a specialized instrumentation amplifier that amplifies the ECG signal while rejecting the electrode half-cell potential on the same stage. This is possible with an indirect current feedback architecture, which reduces size and power compared with traditional implementations

INSTRUMENTATION AMPLIFIER

The instrumentation amplifier is shown in [Figure 45](#page-17-4) as comprised by two well-matched transconductance amplifiers (GM1 and GM2), the dc blocking amplifier (HPA), and an integrator formed by C1 and an op amp. The transconductance amplifier, GM1, generates a current that is proportional to the voltage present at its inputs. When the feedback is satisfied, an equal voltage appears across the inputs of the transconductance amplifier, GM2, thereby matching the current generated by GM1. The difference generates an error current that is integrated across Capacitor C1. The resulting voltage appears at the output of the instrumentation amplifier.

The feedback of the amplifier is applied via GM2 through two separate paths: the two resistors divide the output signal to set an overall gain of 100, whereas the dc blocking amplifier integrates any deviation from the reference level. Consequently, dc offsets as large as ±300 mV across the GM1 inputs appear inverted and with the same magnitude across the inputs of GM2, all without saturating the signal of interest.

To increase the common-mode voltage range of the instrumentation amplifier, a charge pump boosts the supply voltage for the two transconductance amplifiers. This further prevents saturation of the amplifier in the presence of large commonmode signals, such as line interference. The charge pump runs from an internal oscillator, the frequency of which is set around 500 kHz.

OPERATIONAL AMPLIFIER

This general-purpose operational amplifier (A1) is a rail-to-rail device that can be used for low-pass filtering and to add additional gain. The following sections provide details and example circuits that use this amplifier.

RIGHT LEG DRIVE AMPLIFIER

The right leg drive (RLD) amplifier inverts the common-mode signal that is present at the instrumentation amplifier inputs. When the right leg drive output current is injected into the subject, it counteracts common-mode voltage variations, thus improving the common-mode rejection of the system.

The common-mode signal that is present across the inputs of the instrumentation amplifier is derived from the transconductance amplifier, GM1. It is then connected to the inverting input of A2 through a 150 kΩ resistor.

An integrator can be built by connecting a capacitor between the RLD FB and RLD terminals. A good starting point is a 1 nF capacitor, which places the crossover frequency at about 1 kHz (the frequency at which the amplifier has an inverting unity gain). This configuration results in about 26 dB of loop gain available at a frequency range from 50 Hz to 60 Hz for common-mode line rejection. Higher capacitor values reduce the crossover frequency, thereby reducing the gain that is available for rejection and, consequently, increasing the line noise. Lower capacitor values move the crossover frequency to higher frequencies, allowing increased gain. The tradeoff is that with higher gain, the system can become unstable and saturate the output of the right leg amplifier.

Note that when using this amplifier to drive an electrode, there should be a resistor in series with the output to limit the current to be always less than 10 µA even in fault conditions. For example, if the supply used is 3.0 V, this resistor should be greater than 330 kΩ to account for component and supply variations.

In two-electrode configurations, RLD can be used to bias the inputs through 10 MΩ resistors as described in the [Leads Off](#page-19-0) [Detection](#page-19-0) section. If left unused, it is recommended to configure A2 as a follower by connecting RLDFB directly to RLD.

REFERENCE BUFFER

The [AD8232](http://www.analog.com/AD8232?doc=AD8232.pdf) operates from a single supply. To simplify the design of single-supply applications, th[e AD8232](http://www.analog.com/AD8232?doc=AD8232.pdf) includes a reference buffer to create a virtual ground between the supply voltage and the system ground. The signals present at the output of the instrumentation amplifier are referenced around this voltage. For example, if there is zero differential input voltage,

the voltage at the output of the instrumentation amplifier is this reference voltage.

The reference voltage level is set at the REFIN pin. It can be set with a voltage divider or by driving the REFIN pin from some other point in the circuit (for example, from the ADC reference). The voltage is available at the REFOUT pin for the filtering circuits or for an ADC input.

Figure 47. Setting the Internal Reference

To limit the power consumption of the voltage divider, the use of large resistors is recommended, such as 10 MΩ. The designer must keep in mind that high resistor values make it easier for interfering signals to appear at the input of the reference buffer. To minimize noise pickup, it is recommended to place the resistors close to each other and as near as possible to the REFIN terminal. Furthermore, use a capacitor in parallel with the lower resistor on the divider for additional filtering, as shown in [Figure 47.](#page-18-3) Keep in mind that a large capacitor results in better noise filtering but it takes longer to settle the reference after power-up. The total time it takes the reference to settle within 1% can be estimated with the formula

$$
t_{\textit{SETTLE_REFERENCE}} = 5 \times \frac{RIR2CI}{R1+R2}
$$

Note that disabling the [AD8232](http://www.analog.com/AD8232?doc=AD8232.pdf) with the shutdown terminal does not discharge this capacitor.

FAST RESTORE CIRCUIT

Because of the low cutoff frequency used in high-pass filters in ECG applications, signals may require several seconds to settle. This settling time can result in a frustrating delay for the user after a step response: for example, when the electrodes are first connected.

This fast restore function is implemented internally, as shown in [Figure 48.](#page-18-4) The output of the instrumentation amplifier is connected to a window comparator. The window comparator detects a saturation condition at the output of the instrumentation amplifier when its voltage approaches 50 mV from either supply rail.

Figure 48. Fast Restore Circuit

Figure 49. Timing Diagram for Fast Restore Switches (Time Base Not to Scale)

If this saturation condition is present when both input electrodes are attached to the subject, the comparator triggers a timing circuit that automatically closes Switch S1 and Switch S2 (see [Figure 49](#page-19-1) for a timing diagram).

These two switches (S1 and S2) enable two different $10 \text{ k}\Omega$ resistor paths: one between HPSENSE and IAOUT and another between SW and REFOUT. During the time Switch S1 and Switch S2 are enabled, these internal resistors appear in parallel with their corresponding external resistors forming high-pass filters. The result is that the equivalent lower resistance shifts the pole to a higher frequency, delivering a quicker settling time. Note that the fast restore settling time depends on how quickly the internal 10 k Ω resistors of th[e AD8232](http://www.analog.com/AD8232?doc=AD8232.pdf) can drain the capacitors in the high-pass circuit. Smaller capacitor values result in a shorter settling time.

If, by the end of the timing, the saturation condition persists, the cycle repeats. Otherwise, th[e AD8232](http://www.analog.com/AD8232?doc=AD8232.pdf) returns to its normal operation. If either of the leads off comparator outputs is indicating that an electrode has been disconnected, the timing circuit is prevented from triggering because it is assumed that no valid signal is present. To disable fast restore, drive the FR pin low or tie it permanently to GND.

LEADS OFF DETECTION

The [AD8232](http://www.analog.com/AD8232?doc=AD8232.pdf) includes leads off detection. It features ac and dc detection modes optimized for either two- or three-electrode configurations, respectively.

DC Leads Off Detection

The dc leads off detection mode is used in three-electrode configurations only. It works by sensing when either instrumentation amplifier input voltage is within 0.5 V from the positive rail. In this case, each input must have a pull-up resistor connected to the positive supply. During normal operation, the subject's potential must be inside the common-mode range of the instrumentation amplifier, which is only possible if a third electrode is connected to the output of the right leg drive amplifier.

Figure 50. Circuit Configuration for DC Leads Off Detection

Because in dc leads off mode th[e AD8232](http://www.analog.com/AD8232?doc=AD8232.pdf) checks each input individually, it is possible to indicate which electrode is disconnected. Th[e AD8232](http://www.analog.com/AD8232?doc=AD8232.pdf) indicates which electrode is disconnected by setting the corresponding LOD− or LOD+ pin high. To use this mode, connect the AC/DC pin to ground.

AC Leads Off Detection

The ac leads off detection mode is useful when using two electrodes only (it does not require the use of a driven electrode). In this case, a conduction path must exist between the two electrodes, which is usually formed by two resistors, as shown in [Figure 51.](#page-20-2)

These resistors also provide a path for bias return on each input. Connect each resistor to REFOUT or RLD to maintain the inputs within the common-mode range of the instrumentation amplifier.

Figure 51. Circuit Configuration for AC Leads Off Detection

The [AD8232](http://www.analog.com/AD8232?doc=AD8232.pdf) detects when an electrode is disconnected by forcing a small 100 kHz current into the input terminals. This current flows through the external resistors from IN+ to IN− and develops a differential voltage across the inputs, which is then synchronously detected and compared to an internal threshold. The recommended value for these external resistors is 10 MΩ. Low resistance values make the differential drop too low to be detected and lower the input impedance of the amplifier. When the electrodes are attached to the subject, the impedance of this path should be less than 3 MΩ to maintain the drop below the comparator's threshold.

As opposed to the dc leads off detection mode, th[e AD8232](http://www.analog.com/AD8232?doc=AD8232.pdf) is able to determine only that an electrode has lost its connection, not which one. During such an event, the LOD+ pin goes high. In this mode, the LOD− pin is not used and remains in a logic low state. To use the ac leads off mode, tie the AC/DC pin to the positive supply rail.

Note that while REFOUT is at a constant voltage value, using the RLD output as the input bias may be more effective in rejecting common-mode interference.

STANDBY OPERATION

The [AD8232](http://www.analog.com/AD8232?doc=AD8232.pdf) includes a shutdown pin (\overline{SDN}) that further enhances the flexibility and ease of use in portable applications where power consumption is critical. A logic level signal can be applied to this pin to switch to shutdown mode, even when the supply is still on.

Driving the SDN pin low places the [AD8232](http://www.analog.com/AD8232?doc=AD8232.pdf) in shutdown mode and draws less than 200 nA of supply current, offering considerable power savings. To enter normal operation, drive $\overline{\text{SDN}}$ high; when not using this feature, permanently tie $\overline{\text{SDN}}$ to $+V_s$.

During shutdown operation, th[e AD8232](http://www.analog.com/AD8232?doc=AD8232.pdf) is not able to maintain the REFOUT voltage, but it does not drain the REFIN voltage, thereby maintaining this additional conduction path from the supply to ground.

When emerging from a shutdown condition, the charge stored in the capacitors on the high-pass filters can saturate the instrumentation amplifier and subsequent stages. The use of the fast restore feature helps reduce the recovery time and, therefore, minimize on time in power sensitive applications.

INPUT PROTECTION

All terminals of the [AD8232](http://www.analog.com/AD8232?doc=AD8232.pdf) are protected against ESD. In addition, the input structure allows for dc overload conditions that are a diode drop above the positive supply and a diode drop below the negative supply. Voltages beyond a diode drop of the supplies cause the ESD diodes to conduct and enable current to flow through the diode. Therefore, use an external resistor in series with each of the inputs to limit current for voltages beyond the supplies. In either scenario, the [AD8232](http://www.analog.com/AD8232?doc=AD8232.pdf) safely handles a continuous 5 mA current at room temperature.

For applications where the [AD8232](http://www.analog.com/AD8232?doc=AD8232.pdf) encounters extreme overload voltages, such as in cardiac defibrillators, use external series resistors and gas discharge tubes (GDT). Neon lamps are commonly used as an inexpensive alternative to GDTs. These devices can handle the application of large voltages but do not maintain the voltage below the absolute maximum ratings for th[e AD8232.](http://www.analog.com/AD8232?doc=AD8232.pdf) A complete solution includes further clamping to either supply using additional resistors and low leakage diode clamps, such as BAV199 or FJH1100.

As a safety measure, place a resistor between the input pin and the electrode that is connected to the subject to ensure that the current flow never exceeds 10 µA. Calculate the value of this resistor to be equal to the supply voltage across the [AD8232](http://www.analog.com/AD8232?doc=AD8232.pdf) divided by 10 µA.

RADIO FREQUENCY INTERFERENCE (RFI)

Radio frequency (RF) rectification is often a problem in applications where there are large RF signals. The problem appears as a dc offset voltage at the output. The [AD8232](http://www.analog.com/AD8232?doc=AD8232.pdf) has a 15 pF gate capacitance and 10 kΩ resistors at each input. This forms a low-pass filter on each input that reduces rectification at high frequency (see [Figure 52\)](#page-21-4) without the addition of external elements.

Figure 52. RFI Filter Without External Capacitors

For increased filtering, additional resistors can be added in series with each input. They must be placed as close as possible to the instrumentation amplifier inputs. These can be the same resistors used for overload and patient protection.

POWER SUPPLY REGULATION AND BYPASSING

The [AD8232](http://www.analog.com/AD8232?doc=AD8232.pdf) is designed to be powered directly from a single 3 V battery, such as CR2032 type. It can also operate from rechargeable lithium-ion batteries, but the designer must take into account that the voltage during a charge cycle may exceed the absolute maximum ratings of the [AD8232.](http://www.analog.com/AD8232?doc=AD8232.pdf) To avoid damage to the part, use a power switch or a low power, low dropout regulator, such as [ADP150.](http://www.analog.com/ADP150?doc=AD8232.pdf)

In addition, excessive noise on the supply pins can adversely affect performance. As in all linear circuits, bypass capacitors must be used to decouple the chip power supplies. Place a 0.1 μF capacitor close to the supply pin. A 1 μF capacitor can be used farther away from the part. In most cases, the capacitor can be shared by other integrated circuits. Keep in mind that excessive decoupling capacitance increases power dissipation during power cycling.

INPUT REFERRED OFFSETS

Because of its internal architecture, the instrumentation amplifier should be used always with the dc blocking amplifier, shown as HPA i[n Figure 45.](#page-17-4)

As described in th[e Theory of Operation](#page-17-0) section, the dc blocking amplifier attenuates the input referred offsets present at the inputs of the instrumentation amplifier. However, this is true only when the dc blocking amplifier is used as an integrator. In this configuration, the input offsets from the dc blocking amplifier dominate appear directly at the output of the instrumentation amplifier.

If the dc blocking amplifier is used as a follower instead of its intended function as an integrator, the input referred offsets of the in-amp are amplified by a factor of 100.

LAYOUT RECOMMENDATIONS

It is important to follow good layout practices to optimize system performance. In low power applications, most resistors are of a high value to minimize additional supply current. The challenge of using high value resistors is that high impedance nodes become even more susceptible to noise pickup and board parasitics, such as capacitance and surface leakages. Keep all of the connections between high impedance nodes as short as possible to avoid introducing additional noise and errors from corrupting the signal.

To maintain high CMRR over frequency, keep the input traces symmetrical and length matched. Place safety and input bias resistors in the same position relative to each input. In addition, the use of a ground plane significantly improves the noise rejection of the system.

APPLICATIONS INFORMATION **ELIMINATING ELECTRODE OFFSETS**

The instrumentation amplifier in th[e AD8232](http://www.analog.com/AD8232?doc=AD8232.pdf) is designed to apply gain and to filter out near dc signals simultaneously. This capability allows it to amplify a small ECG signal by a factor of 100 yet reject electrode offsets as large as ±300 mV.

To achieve offset rejection, connect an RC network between the output of the instrumentation amplifier, HPSENSE, and HPDRIVE, as shown in [Figure 53.](#page-22-3)

Figure 53. Eliminating Electrode Offsets

This RC network forms an integrator that feeds any near dc signals back into the instrumentation amplifier, thus eliminating the offsets without saturating any node and maintaining high signal gain.

In addition to blocking offsets present across the inputs of the instrumentation amplifier, this integrator also works as a highpass filter that minimizes the effect of slow moving signals, such as baseline wander. The cutoff frequency of the filter is given by the equation

$$
f_{-3dB} = \frac{100}{2\pi RC}
$$

where *R* is in ohms and C is in farads.

Note that the filter cutoff is 100 times higher than is typically expected from a single-pole filter. Because of the feedback architecture of the instrumentation amplifier, the typical filter cutoff equation is modified by the gain of 100 of the instrumentation amplifier.

Figure 54. Frequency Response of Single-Pole DC Blocking Circuit

Just like with any high-pass filter with low frequency cutoff, any fast change in dc offset takes a long time to settle. If such change saturates the instrumentation amplifier output, the S1 switch briefly enables the 10 k Ω resistor path, thus moving the cutoff frequency to

$$
f_{-3dB} = \frac{100(R + 10^4)}{2\pi RC(10^4)}\tag{1}
$$

For values of R greater than 100 kΩ, the expression in Equation 1 can be approximated by

$$
f_{-3dB} = \frac{1}{200\pi C}
$$

This higher cutoff reduces the settling time and enables faster recovery of the ECG signal. For more information, see th[e Fast](#page-18-2) [Restore Circuit](#page-18-2) section.

HIGH-PASS FILTERING

The [AD8232](http://www.analog.com/AD8232?doc=AD8232.pdf) can implement higher order high-pass filters. A higher filter order yields better artifact rejection but at a cost of increased signal distortion and more passive components on the printed circuit board (PCB).

Two-Pole High-Pass Filter

A two-pole architecture can be implemented by adding a simple ac coupling RC at the output of the instrumentation amplifier, as shown in [Figure 55.](#page-22-4)

Figure 55. Schematic for a Two-Pole High-Pass Filter

10866-053

0866-053

Note that the right side of C2 connects to the SW terminal. Just like S1, S2 reduces the recovery time for this ac coupling network by placing 10 kΩ in parallel with R2. See th[e Fast Restore Circuit](#page-18-2) section for additional details on switch timing and trigger conditions.

Keep in mind that if this passive network is not buffered, it exhibits higher output impedance at the input of a subsequent low-pass filter, such as with Sallen-Key filter topologies. Careful component selection can yield good results without a buffer. See the [Low-Pass Filtering and Gain](#page-25-0) section for additional information on component selection.

Additional High-Pass Filtering Options

In addition to the topologies explained in the previous sections, an additional pole may be added to the dc blocking circuit for additional rejection of low frequency signals. This configuration is shown in [Figure 56.](#page-23-0)

Figure 56. Schematic for an Alternative Two-Pole High-Pass Filter

An extra benefit of this circuit topology is that it allows lower cutoff frequency with lower R and C values and the resistor, RCOMP, can be used to control the Q of the filter to achieve narrow band-pass filters (for heart rate detection) or maximum passband flatness (for cardiac monitoring).

With this topology, the filter attenuation reverts to a single pole roll off at very low frequencies. Because the initial roll off was 40 dB per decade, this reversion to 20 dB per decade has little impact on the ability of the filter to reject out-of-band low frequency signals.

The designer may choose different values to achieve the desired filter performance. To simplify the design process, use the following recommendations as a starting point for component value selection.

 $R1 = R2 > 100 k\Omega$ $C1 = C2$ $R_{COMP}=0.14\times R1$

The cutoff frequency is located at

$$
f_C = \frac{10}{2\pi\sqrt{R1\ C1\ R2\ C2}}
$$

The selection of RCOMP to be 0.14 times the value of the other two resistors optimizes the filter for a maximally flat pass band. Reduce its value to increase the Q and, consequently, the peaking of the filter. Keep in mind that a very low value of RCOMP can result in an unstable circuit. The selection of values based on these criteria result in a transfer function similar to the one shown i[n Figure 58.](#page-23-1) When additional low frequency rejection is desired, a high-order high-pass filter can be implemented by adding an ac coupling network at the output of the instrumentation amplifier, as shown in [Figure 57.](#page-23-2) The SW terminal is connected to the ac coupling network to obtain the best settling time response when fast restore engages.

Figure 58. Frequency Response of Circuits i[n Figure 56](#page-23-0) an[d Figure 57](#page-23-2)

10866-155

Data Sheet **AD8232**

Careful analysis and adjustment of all of the component values in practice is recommended to optimize the filter characteristics. A useful hint is to reduce the value of R_{COMP} to increase the peaking of the active filter to overcome the additional roll off introduced by the ac coupling network. Proper adjustment can yield the best pass-band flatness.

The design of the high-pass filter involves tradeoffs between signal distortion, component count, low frequency rejection, and component sizes. For example, a single-pole high-pass filter results in the least distortion to the signal, but its rejection of low-frequency artifacts is the lowest

[Table 4](#page-24-0) compares the recommended filtering options.

Table 4. Comparison of High-Pass Filtering Options

¹ For equivalent corner frequency location.

² Output impedance refers to the drive capability of the high-pass filter before the low-pass filter. Low output impedance is desirable to allow flexibility in the selection of values for a low-pass filter, as explained in th[e Low-Pass Filtering and Gain](#page-25-0) section.

LOW-PASS FILTERING AND GAIN

The [AD8232](http://www.analog.com/AD8232?doc=AD8232.pdf) includes an uncommitted op amp that can be used for extra gain and filtering. For applications that do not require a high-order filter, a simple RC low-pass filter should suffice, and the op amp can buffer or further amplify the signal.

Figure 59. Schematic for a Single-Pole Low-Pass Filter and Additional Gain

Applications that require a steeper roll off or a sharper cut off, a Sallen-Key filter topology can be implemented, as shown in [Figure 60.](#page-25-3)

Figure 60. Schematic for a Two-Pole Low-Pass Filter

The following equations describe the low-pass cut off frequency, gain, and Q:

$$
f_c = 1/(2\pi\sqrt{(R1 \text{ CI R2 C2}))}
$$

\nGain = 1 + R3/R4
\n
$$
Q = \frac{\sqrt{R1 \times C1 \times R2 \times C2}}{R1 \times C2 + R2 \times C2 + R1 \times C1(1 - Gain)}
$$

Note that changing the gain has an effect on Q and vice versa. Common values for Q are 0.5 to avoid peaking or 0.7 for maximum flatness and sharp cut off. A high value of Q can be used in narrow-band applications to increase peaking and the selectivity of the band-pass filter.

A common design procedure is to set $R1 = R2 = R$ and $C1 = C2 =$ C, which simplifies the expressions for cutoff frequency and Q to

$$
f_C = 1/(2\pi RC)
$$

$$
Q = \frac{1}{3 - Gain}
$$

Note that Q can be controlled by setting the gain with R3 and R4; however, this limits the gain to be less than 3. For gain values equal to or greater than 3, the circuit becomes unstable. A simple modification that allows higher gains is to make the value of C2 at least four times larger than C1.

It is important to note that these design equations only hold true in the case that the output impedance of the previous stage is much lower than the input impedance of the Sallen-Key filter. This is not the case when using an ac coupling network

between the instrumentation amplifier output and the input of the low-pass filter without a buffer.

To connect these two filtering stages properly without a buffer, make the value of R1 at least ten times larger than the resistor of the ac coupling network (labeled as R2 i[n Figure 55\)](#page-22-4).

DRIVING ANALOG-TO-DIGITAL CONVERTERS

The ability of [AD8232](http://www.analog.com/AD8232?doc=AD8232.pdf) to drive capacitive loads makes it ideal to drive an ADC without the need for an additional buffer. However, depending on the input architecture of the ADC, a simple lowpass RC network may be required to decouple the transients from the switched-capacitor input typical of modern ADCs. This RC network also acts as an additional filter that can help reduce noise and aliasing. Follow the recommended guidelines from the ADC data sheet for the selection of proper R and C values.

Figure 61. Driving an ADC

DRIVEN ELECTRODE

A driven lead (or reference electrode) is often used to minimize the effects of common-mode voltages induced by the power line and other interfering sources. Th[e AD8232](http://www.analog.com/AD8232?doc=AD8232.pdf) extracts the common-mode voltage from the instrumentation amplifier inputs and makes it available through the RLD amplifier to drive an opposing signal into the patient. This functionality maintains the voltage between the patient and the [AD8232](http://www.analog.com/AD8232?doc=AD8232.pdf) at a near constant, greatly improving the common-mode rejection ratio.

As a safety measure, place a resistor between the RLD pin and the electrode connected to the subject to ensure that current flow never exceeds 10 µA. Calculate the value of this resistor to be equal to the supply voltage across th[e AD8232](http://www.analog.com/AD8232?doc=AD8232.pdf) divided by $10 \mu A$.

Th[e AD8232](http://www.analog.com/AD8232?doc=AD8232.pdf) implements an integrator formed by an internal 150 kΩ resistor and an external capacitor to drive this electrode. Choice of the integrator capacitor is a tradeoff between line rejection capability and stability. The capacitor should be small to maintain as much loop gain as possible, around 50 Hz and 60 Hz, which are typical line frequencies. For stability, the gain of the integrator should be less than unity at the frequency of any other poles in the loop, such as those formed by the patient's capacitance and the safety resistors. The suggested application circuits use a 1 nF capacitor, which results in a loop gain of about 20 at line frequencies, with a crossover frequency of about 1 kHz.

In a two-lead configuration, the RLD amplifier can be used to drive the bias current resistors on the inputs. Although not as effective as a true driven electrode, this configuration can provide some common-mode rejection improvement if the sense electrode impedance is small and well matched.

APPLICATION CIRCUITS **HEART RATE MEASUREMENT NEXT TO THE HEART**

For wearable exercise devices, th[e AD8232](http://www.analog.com/AD8232?doc=AD8232.pdf) is typically placed in a pod near the heart. The two sense electrodes are placed underneath the pectoral muscles; no driven electrode is used. Because the distance from the heart to the [AD8232](http://www.analog.com/AD8232?doc=AD8232.pdf) is small, the heart signal is strong and there is less muscle artifact interference.

In this configuration, space is at a premium. By using as few external components as possible, the circuit in [Figure](#page-26-3) 62 is optimized for size.

Figure 62. Circuit for Heart Rate Measurement Next to Heart

A shorter distance from the [AD8232](http://www.analog.com/AD8232?doc=AD8232.pdf) to the heart makes this application less vulnerable to common-mode interference. However, since RLD is not used to drive an electrode, it can be used to improve the common-mode rejection by maintaining the midscale voltage through the 10 M Ω bias resistors.

A single-pole high-pass filter is set at 7 Hz, and there is no lowpass filter. No gain is used on the output op amp thereby reducing the number of resistors for a total system gain of 100.

Figure 63. Frequency Response for HRM Next to Heart Circuit

The input terminals in this configuration use two 180 k Ω resistors, to protect the user from fault conditions. Two 10 $\text{M}\Omega$ resistors provide input bias. Use higher values for electrodes with high output impedance, such as cloth electrodes.

The schematic also shows two 10 $M\Omega$ resistors to set the midscale reference voltage. If there is already a reference voltage available, it can be driven into the REFIN input to eliminate these two 10 M Ω resistors.

EXERCISE APPLICATION: HEART RATE MEASURED AT THE HANDS

In this application, the heart rate signal is measured at the hands with stainless steel electrodes. The user's arm and upper body movement create large motion artifacts and the long lead length makes the system susceptible to common-mode interference. A very narrow band-pass characteristic is required to separate the heart signal from the interferers.

Figure 64. Circuit for Heart Rate Measurement at Hands

The circuit in [Figure 64](#page-26-4) uses a two-pole high-pass filter set at 7 Hz. A two-pole low-pass filter at 24 Hz follows the high-pass filters to eliminate any other artifacts and line noise.

Figure 65. Frequency Response for HRM Circuit Taken at the Hands

The overall narrow-band nature of this filter combination distorts the ECG waveform significantly. Therefore, it is only suitable to determine the heart rate, and not to analyze the ECG signal characteristics.

The low-pass filter stage also includes a gain of 11, to bring the total system gain close to 1100 (note that the filter roll off prevents the maximum gain from reaching this value). Because the ECG signal is measured at the hands, it is weaker than when measured closer to the heart.

The RLD circuit drives to the third electrode, which can also be located at the hands, to cancel common-mode interference.

CARDIAC MONITOR CONFIGURATION

This configuration is designed for monitoring the shape of the ECG waveform. It assumes that the patient remains relatively still during the measurement, and therefore, motion artifacts are less of an issue.

Figure 66. Circuit for ECG Waveform Monitoring

To obtain an ECG waveform with minimal distortion, the [AD8232](http://www.analog.com/AD8232?doc=AD8232.pdf) is configured with a 0.5 Hz two-pole high-pass filter followed by a two-pole, 40 Hz, low-pass filter. A third electrode is driven for optimum common-mode rejection.

Figure 67. Frequency Response of Cardiac Monitor Circuit

In addition to 40 Hz filtering, the op amp stage is configured for a gain of 11, resulting in a total system gain of 1100. To optimize the dynamic range of the system, the gain level is adjustable, depending on the input signal amplitude (which may vary with electrode placement) and ADC input range.

PORTABLE CARDIAC MONITOR WITH ELIMINA-TION OF MOTION ARTIFACTS

The circuit i[n Figure 68](#page-28-0) shows an implementation of a batterypowered embedded system for monitoring heart rate in applications where the patient engages in moderate activity, such as with a Holter monitor. Th[e AD8232](http://www.analog.com/AD8232?doc=AD8232.pdf) uses a threeelectrode patient interface and implements a two-pole highpass filter with a cutoff at 0.3 Hz, and a two-pole low-pass filter with a cutoff frequency of 37 Hz. The total signal gain in the pass band is 400. The fully conditioned signal is sampled by the sigma-delta ADC integrated on the low power microcontroller, [ADuCM360.](http://www.analog.com/ADuCM360?doc=AD8232.pdf) The wide dynamic range of this ADC provides flexibility to reduce the signal gain to avoid saturation, depending on electrode placement.

Because the pass band is relatively wide for ambulatory applications, th[e ADXL346](http://www.analog.com/ADXL346?doc=AD8232.pdf) accelerometer signal can be used to further minimize the noise introduced by the motion of the patient. Moreover, the microcontroller can use the motion information to monitor inactivity and to issue a system shutdown to save battery power.

The low dropout regulator ensures that the maximum of 3 V is not exceeded, especially during charge cycles of the battery, which can be a lithium-ion cell.

In this application, the [ADuCM360](http://www.analog.com/ADuCM360?doc=AD8232.pdf) uses its Port 0 to perform DMA transfers to the host communication interface or to an on-board memory, if recording the waveform for later transfer. However, in any particular application, this port should be used for the busiest interface to minimize CPU cycles and maintain low power operation.

Note that this circuit is shown to demonstrate the capabilities of [AD8232](http://www.analog.com/AD8232?doc=AD8232.pdf) and other system components. It is not a complete system design and additional effort must be made to ensure compliance with medical safety guidelines from regulatory agencies.

Figure 68. Low Power Portable Cardiac Monitor

12-12-2019-A

 $12 - 12 - 2019 - A$

PACKAGING AND ORDERING INFORMATION

OUTLINE DIMENSIONS

Dimensions shown in millimeters

ORDERING GUIDE

 $1 Z =$ RoHS Compliant Part.